







# 4<sup>th</sup> DELTA Endometriosis Symposium

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# Modern management of Endometriosis - an update

16<sup>th</sup> May 2025 VIRTUAL TEAMS MEETING

#### Course Directors:

Mr Summi Abdul, Consultant Gynaecological Oncologist Professor Saad Amer, Endometriosis Centre Lead

#### Course Organiser:

Miss Subul Bazmi, Consultant Gynecologist, MIS, DEC Miss Nilofar Noor (Advanced Laparoscopy Fellow, DEC)

#### Who should attend:

General Practitioners & Medical/ Nursing students invited Gynaecology – Trainees, Consultants, Nurses, CNS, Theatre staff Consultant with interest in Gynaecology

**Course Fee: FREE** 

#### **Location**:

VIRTUAL VIA TEAMS MEETING

#### **Call for Abstracts**

Gynaecological abstracts are invited for poster and oral presentation. (Max 300 words)

Deadline for Abstracts: 30th April 2025 Email abstracts to: dhft.deltacentre@nhs.net

To Register: (Deadline 23:59 on 13/5/25)

**BOOK ON LINE:** 

https://forms.office.com/e/7cYqhueSBu

#### **Contact:**

Mr Summi Abdul
Consultant Gynaecological Oncologist, Laparoscopic and Robotic surgeon / DELTA
Centre Director
DELTA centre & Derby Gynaecological Cancer centre
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Or

Professor Saad Amer
Consultant Gynaecological / Course Director
Director of Derby Endometriosis Centre
Professor at University of Nottingham
Saad.Amer@nottingham.ac.uk

#### Save the Date:

5<sup>th</sup> DELTA endometriosis Symposium: 15<sup>th</sup> May 2026













## **Programme- pm**

### Programme- am

0845-0900	Registration	
0900-0910	Welcome- Delta Centre & Derby endometriosis centre.	
	Mr Summi Abdul, Prof Saad Amer & Miss Subul Bazmi	
	University Hospitals of Derby and Burton NHS Foundation Trust,	
	DELTA and Derby endometriosis centre (DEC)	
Session 1: Fundamentals of clinical approach to Endometriosis		
09:10-09:35	Facilitating early diagnosis	
	Miss Subul Bazmi, Consultant Gynaecologist, UHDB, DEC	
09:35-10:00	Hormonal therapy - most effective approach	
	Mr Ahmed El Naggar, Consultant Gynaecologist, UHDB, DEC	
10:00-10:25	Principles of Surgery - maximising efficacy	
	Prof Saad Amer, Endometriosis Lead, UHDB, DEC	
Session 2: Research		
10:25-10:50	Novel therapies and clinical trials	
	Prof Andrew Horne, University of Edinburgh	
Session 3: Mu	ultidisciplinary approach to in Endometriosis Care	
	The Role of Endo Multidisciplinary Team	
10:50-11:15	The Colorectal perspective	
	Mr Georgios Kakaniaris, Consultant colorectal surgeon, UHDB,	
	DEC	
11:15-11:40	The Urological perspective	
	Mr Simon Williams, Consultant urologist, UHDB, DEC	
11:40-12:05	Pain specialist's perspective	
	Dr Madan Thirugnanam, Anaesthesia and Pain team, UHDB, DEC	
Session 4: Co	ollaboration between primary, secondary and tertiary care	
12:05-12:30	GP's perspective	
	Dr King Hung Knu, GP	
12:30-12:55	Suggested referral pathways	
	Nilofar Noor, Advanced Laparoscopy Fellow, UHDB, DEC	
12:55-13:20	Histopathologist's perspective	
	Dr Rand Hawari, Consultant Histopathologist, UHDB	
13:00- 1330	Lunch	

Session 5: Students' & Trainees' presentations (13:30-14:00		
1330-1400	Trainee presentations	
	Trainee 1	
	Trainee 1	
	Trainee 2	
Session 6: The Patient's Voice		
14:00-14:25	Living with Chronic Pain and Navigating Healthcare Systems-	
	Patient narrative  Dr. Louise Williams EDI Project Lond of EndoConnect	
	Dr Louise Williams, EDI Project Lead of EndoConnect, University of Nottingham	
14:25-14:50	Patient Advocacy and Raising Awareness: How Community	
	Efforts are Making a Difference	
	Miss Gabriella Pearson	
	Co-Founder @ Menstrual Health Project	
14:50-15:15	Endometriosis in the Workplace: Best Practice for Employers	
	Miss Julie Burns,	
45 45 45 40	Endometriosis UK	
15:15-15:40	Patient Advocacy and Raising Awareness: Local, National and Global Policies that can make a difference	
	Mrs Alexandra Daines	
Session 7: Inc	novations and Recent Trends	
	iovations and nescrit fremas	
15:40-16:05	Al in endometriosis	
	Prof Gustavo Carneiro	
	University of Surrey	
16:05-16:30	Role of diet in managing endometriosis	
	Dr Lucia Vazquez Rocha	
	Assistant Professor in Dietetics	
40.00.40.40	University of Nottingham	
16:30-16:40	Closing remarks and Q&A	



